

Lactalis Swirled Herb Pesto and Garlic Knot Loaf

9-28-23

09/29/2023

<b>Nutrition Facts</b>	
6 servings per container	
<b>Serving size</b>	<b>(156g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>440</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 18g	<b>23%</b>
Saturated Fat 8g	<b>40%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 960mg	<b>42%</b>
<b>Total Carbohydrate</b> 56g	<b>20%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 7g	
Includes 7g Added Sugars	<b>14%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	0%
Calcium 178mg	15%
Iron 3mg	15%
Potassium 25mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	