

Lactalis Kale & Apple Salad with Truffle Cheddar -  
Naturals - 8-10-23

08/10/2023

<b>Nutrition Facts</b>	
8 servings per container	
<b>Serving size</b>	<b>(129g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>240</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 18g	<b>23%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 220mg	<b>10%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 7g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 7g	
Vitamin D 0mcg	0%
Calcium 186mg	15%
Iron 1mg	6%
Potassium 189mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	