

Lactalis Ham & Cheese Sliders with Fig Jam 9-24-23

09/24/2023

Nutrition Facts	
servings per container	
Serving size	(74g)
Amount per serving	
Calories	200
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 450mg	20%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	4%
Total Sugars 11g	
Includes 4g Added Sugars	8%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 91mg	8%
Iron 1mg	6%
Potassium 17mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	